



Nutrition Internship Scope of Work

04/10/2019

Internship for nutrition major students under direct supervision of Licensed Dietitian Nutritionist and Certified Nutrition Specialist at Early Head Start Program to include but not limited to:

1. Menu development and nutritional analysis – develop and analyze culturally and age appropriate EHS menus, ensuring meeting 2/3 of daily nutritional needs of all children, using nutritional analysis software;
 - Special diets development and implementation for children with special dietary needs (allergies, food intolerances, disabilities);
2. Nutrition newsletter design – weekly & quarterly email with latest relevant nutrition and wellness information, tips, tools, etc.;
3. Provider site visits and observations, monitoring of nutrition services;
 - Using monitoring tool (checklist)
4. Nutrition Assessments – identifying children at nutritional risks and developing intervention strategies;
 - Providing letters with relevant nutrition information to parents of children with identified nutritional risks;
5. Nutrition and wellness clinics/presentations/workshops for parents & providers' staff;
6. Develop and provide access to community health/nutrition resources;
7. Monitoring nutrition related matters through ChildPlus software;
8. Preparing nutrition/health content for Professional Development Days (Provider staff);
9. Research & scientific literature study and assimilation for practical application.

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